

Your Family Disaster Supplies Calendar – Week 5

The Family Disaster Supplies Calendar is intended to help you prepare for man-made or natural disasters before they happen. Using the calendar, your family can assemble an emergency kit in the small steps over a six-month period.

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Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or plastic bins with wheels. Remember to rotate your perishable supplies and change water every six months.

To get started:

- Check your house for supplies that already have on hand.
- Decide where you will store supplies.
- Meet with your family to plan.
- Check house and/or apartment for hazards and secure those things that may fall or fly away.

The shopping list for Week 5:

- Two rolls of toilet paper
- Extra toothbrush
- Travel size toothpaste
- · Food for special diets, if needed

Emergency Preparedness Actions:

- Identify an outside location for fire emergencies.
- Make sure all the family members know the location.
- Have a fire drill at home.