



# Terre Haute Deanery Pastoral Center

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## Your Family Disaster Supplies Calendar – Week 6

The Family Disaster Supplies Calendar is intended to help you prepare for man-made or natural disasters before they happen. Using the calendar, your family can assemble an emergency kit in the small steps over a six-month period.

Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or plastic bins with wheels. Remember to rotate your perishable supplies and change water every six months.

### To get started:

- Check your house for supplies that already have on hand.
- Decide where you will store supplies.
- Meet with your family to plan.
- Check house and/or apartment for hazards and secure those things that may fall or fly away.

### The shopping list for Week 6:

- Aspirin and/or acetaminophen
- Gauze pads (4x4, 5x9, eye pads)
- Rolls of gauze and bandages of various sizes
- Elastic bandages of various sizes
- First Aid tape
- Adhesive bandages of assorted sizes
- Bottled eye wash
- Extra hearing aid batteries, if needed

### Emergency Preparedness Actions:

- Check with your child's day care or school to find out about their disaster plan.
- Have a tornado drill at home.