

## Your Family Disaster Supplies Calendar - Week 10

The Family Disaster Supplies Calendar is intended to help you prepare for man-made or natural disasters before they happen. Using the calendar, your family can assemble an emergency kit in the small steps over a six-month period.

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Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or plastic bins with wheels. Remember to rotate your perishable supplies and change water every six months.

## The shopping list for Week 10:

- One large can of juice (per person)
- Zip closure plastic food bags of various sizes
- One box quick energy snacks
- Three rolls of paper towels
- Sunscreen
- Pre-paid phone cards

## **Emergency Preparedness Actions:**

- Store a roll of quarters for emergency phone calls.
- Go on a hunt with your family to find a pay phone near your home.
- Purchase a power block for cellular phones and electronic devices.
- Purchase an extra charging cable and accessories for cellular phones and electronic devices.